

JOSEPH GALLOP

BOSTON REGIONAL REPRESENTATIVE

Regional Outreach • Instruction • Movement • Wellness • Community

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Joseph Gallop serves as the Boston Regional Representative for Tian Yi Foundation, helping extend the organization's growing network and community-centered mission into the Boston area. As part of Tian Yi's regional team, Joseph supports the Foundation's efforts to make traditional movement practices accessible to people of different ages, backgrounds, and levels of experience while representing the organization's standards and shared vision within his region.

Working alongside Tian Yi Foundation's leadership, instructors, representatives, and advisors, Joseph contributes to an approach centered on movement, wellness, healthy aging, balance, mobility, coordination, flexibility, and continued physical activity. His regional role supports community outreach, program development, and opportunities to introduce Tian Yi's programs to new participants and partner organizations. Whether working with beginners, adults, seniors, veterans, or experienced practitioners, the philosophy remains the same: meet people where they are, keep them moving, and give them somewhere to grow.

“MEET PEOPLE WHERE THEY ARE. KEEP THEM MOVING. GIVE THEM SOMEWHERE TO GROW.”