

LOUIS DIAZ ALI EL

PRESIDENT & CO-FOUNDER

Leadership • Collaboration • Movement • Wellness • Community

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Louis Diaz Ali El, President and Co-Founder of Tian Yi Foundation, helped establish the organization from a vision developed through more than six years of close collaboration with his longtime mentor, colleague, and fellow Co-Founder, Benjamin Hill Bey. Through thousands of hours of training, research, comparing methods, and exchanging ideas, Louis and Ben explored how principles found within Tai Chi, Qigong, Baguazhang, Wushu, and traditional Chinese martial arts could reach beyond martial arts schools and become accessible forms of movement for people of all ages and abilities. Building upon the knowledge and influence of their teachers and colleagues, that shared work has gradually brought together other respected instructors, practitioners, and advisors who contribute their experience to a growing collaborative effort.

The shared vision behind Tian Yi is ultimately about movement, wellness, and community. Louis has taken a leading role in organizing and developing that vision into a structure capable of reaching a much larger population, while maintaining the collaborative foundation upon which it was built. The goal is an accessible and standardized approach that supports balance, mobility, coordination, flexibility, relaxation, healthy aging, and continued physical activity—without requiring someone to first become a martial artist. Whether someone is a senior working on balance, a beginner simply trying to move more comfortably, or an experienced practitioner seeking deeper training, the philosophy remains the same: meet people where they are, keep them moving, and give them somewhere to grow. The long-term goal is to bring this collective approach to communities across the country.

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