LAWRENCE MIDDLETON

PHOENIX REGIONAL REPRESENTATIVE

Regional Outreach • Instruction • Movement • Wellness • Community

PHOENIX REGIONAL REPRESENTATIVE

Lawrence Middleton serves as the Phoenix Regional Representative for Tian Yi Foundation, helping extend the organization's growing network and community-centered mission into the Phoenix area. As part of Tian Yi's regional team, Lawrence supports the Foundation's efforts to develop local relationships, identify community opportunities, and make traditional movement practices accessible to people of different ages, backgrounds, and levels of experience. He represents Tian Yi's shared vision while helping establish a strong foundation for future programs and partnerships in the region.

Working alongside Tian Yi Foundation's leadership, instructors, representatives, and advisors, Lawrence contributes to an approach centered on movement, wellness, healthy aging, balance, mobility, coordination, flexibility, and continued physical activity. His regional role supports outreach to communities, organizations, and potential program partners while helping create opportunities for youth, adults, seniors, veterans, beginners, and experienced practitioners. As Tian Yi continues to expand, Lawrence's work in Phoenix reflects the Foundation's guiding philosophy: meet people where they are, keep them moving, and give them somewhere to grow.

"MEET PEOPLE WHERE THEY ARE. KEEP THEM MOVING. GIVE THEM SOMEWHERE TO GROW."